There are two popular ways of wearing gemtones.

One, to wear them in form of jewelery for beauty purposes. Such jewelery has the gemstones in studded form. Like a diamond studded bracelet or an ear ring, ring, etc. Here, gemstones are arranged on the jewelery to make them look beautiful.

Second, to wear them for Jyotish remedial purposes. In these kinds of jewelery, the gemstones are mounted on rings, bracelets, armbands or pendants in such a way that they touch the skin of the wearer and yet remain open to light and air. In such jewelery the gems are taken in much larger sizes than in the usual jewelery. Also, the gems are chosen on basis of the wearer's horoscope and the position of planets in it.

So, if you want to wear remedial gemstones do not do so until you have consulted an able astrologer. The gems can give great overall benefits if they are worn according to the prescription of the Jyotishi or the astrologer. But, if they are not worn in proper way and worn against the advice of the jyotishi they can give negative harmful results too.

Not all gemstones can suit an individual. Usually, at most three or four gems can only suit a person. So, find out what gems suit you and wear those beneficial gems only.

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